CONVENIENTLY LOCATED

Minutes from *San Juan Regional.*



Find us on West Murray Drive, near San Juan Regional Medical Center and the Animas River.

For a private tour or admission information, please call **(505) 326-1600**.

Part of the Peaks Healthcare Consulting family.



WELCOME

A new name.
A familiar commitment.

Welcome to Mesa Heights, where individuals in need of nursing care, Alzheimer's care or rehabilitation services can find the specialized programs they need and the quality care they deserve.

Our resident-centered, interdisciplinary approach means every associate you work with knows your individual goals and is dedicated to helping you attain your maximum potential and level of independence.

OUR LOCATION

1101 W. Murray Drive · Farmington, NM 87401

PHONE · FAX · ONLINE

(505) 326-1600 · Fax (505) 326-4513 · mesaheightshc.com

ROOTED IN THE FOUR CORNERS

MESA HEIGHTS

REHABILITATION & CARE CENTER

A Place to Live.
A Place to *Recover.*
A Place to *Belong.*

Skilled Nursing + Rehabilitation + Long Term Care



To make each resident feel cared for.

REHABILITATION

Better days begin *here.*



A premier provider of rehab in the region. Our therapy program returns residents to their normal lives as quickly as possible - physical, occupational and speech therapists assisting every step of the way, with careful screening and evaluations charted to each resident's progress.

POST-ACUTE CARE

24/7 post-acute care for patients who need specialized medical services - oxygen, IV and respiratory therapies, and wound care - with an interdisciplinary medical staff helping each patient reach maximum functioning and, in many cases, return home.

SECURED MEMORY CARE UNIT

Security, and a sense of *home.*

Specialized Alzheimer's services for residents who need the security and individualized attention of a dementia unit - social interaction and constructive activities in a homelike environment, from associates specially trained in memory care and activities designed for every level of function.

RECREATION AND SOCIAL LIFE

Parties, movies, exercises, musical programs, arts and crafts, religious services and community outings, all planned by our certified activity coordinator. A monthly calendar keeps residents and guests informed, and volunteers add another link to the community.



DINING & ACCOMMODATIONS

Care that starts with *you.*

DINING

Diets by physician's orders, supervised by a dietary professional and a consulting registered dietitian. Menus meet nutritional needs and are made to be attractive and delicious, with several dining areas to enjoy them.

ACCOMMODATIONS

Comfortable private and semiprivate rooms, with personal touches and mementos from home welcome. Landscaped courtyards, day rooms and an on-site beauty/barber shop round out daily life.



Our mission

To make each resident feel cared for.

Let's find your starting point.

(505) 326-1600

For a complete list of services and amenities, or to schedule a tour, please call · mesaheightshc.com